

P1612

Greenbrier
White Sulphur Springs,
West Virginia.



GRAND HOTEL.

GREENBRIER WHITE SULPHUR SPRINGS.

SEASON OF 1895.

Having leased the Greenbrier, White Sulphur Springs for a term of years, the undersigned take pleasure in announcing that this celebrated resort, near the summit of the Alleghanies, will open June 15.

The entire property now has a thorough and complete system of sewerage, and the natural drainage is all that could be desired. This, with a soil underlaid with gravel and shale, makes the place noted for its dryness and healthfulness. Marked improvements have been made in the hotel appointments, the cottages and the bathing establishment. Special attention will be given to the cuisine, and the social feature made one of the attractions of the place.

The prestige enjoyed by these Springs for over a century as a health resort, and the prominence long accorded The White by seekers of rest and enjoyment, will be steadily maintained and extended by the present management.

For terms and full information address,

EUBANK & GLOVER, Proprietors,

White Sulphur Springs, Greenbrier County, West Virginia.



BALTIMORE ROW

White Sulphur Springs, Greenbrier County, West Virginia.



SPRING HOUSE.—CLUB HOUSE ON RIGHT.

that this quantity is not perceptibly varied during the longest spells of wet or dry weather. The quantity and temperature of the Spring being uniform under all circumstances, give a confidence, which experience has verified, of its uniform strength and efficiency.

Independently of the benefit to be derived from the waters, a better situation for a residence of invalids and delicate persons during the spring, summer and fall months can scarcely be imagined. They have the advantage of a most salubrious and invigorating air, and the most agreeable temperature—cool at morning and evening, and at no time oppressively warm.

THE WHITE SULPHUR SPRINGS are situated in the famous Springs region, directly on the main line of the Chesapeake and Ohio Railway, and upon the western slope of the great Appalachian mountains. The elevation above tide water is 2,000 feet; the immediate surrounding mountains something more than 3,500 feet. The temperature of its waters is 62° Fahrenheit, from which they do not vary during the heat of summer or the cold of winter.

The mean temperature at White Sulphur from the 15th of April to the 15th of November is about 63° Fahrenheit, or the same as the mean annual temperature at Cairo, Naples, Nice and Madeira.

The Spring yields more than thirty gallons a minute; and it is a remarkable fact

The tourist, as well as the seeker of health and pleasure, will be amply rewarded in visiting this mountain section, by the combination of attractions to be found on every side. Reaching the mountains by the Chesapeake & Ohio Railway, the traveler will find that Nature has indeed been prodigal in her gifts to the afflicted. Within a radius of thirty miles will be found The Rockbridge Alum, The Healing, The Hot, The Warm, The Sweet, and other Springs of merit, but of less prominence, while Natural Bridge, Millboro, The Allegheny and other resorts are near by.

There is no other place where one may get so full a view into the social life of the South as at White Sulphur, the resort of the gallantry and the beauty of so many generations. The buildings are in the old Colonial style, and in their spacious halls or on their broad piazzas one experiences all that has given Southern society its distinctive character.

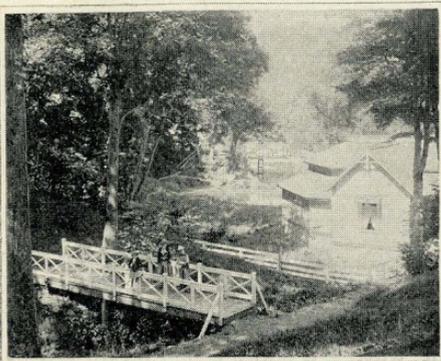
The cottage system, with its pretty, home-like surroundings, enables visitors to live in a whirl of gaiety or the utmost privacy, as their wishes may dictate. The cottages, which are a hundred in number, being part of the Grand Hotel, make it the largest hotel at any American summer resort.

The parlor is a magnificent room, half as large again as the celebrated East Room in the President's Mansion. The ball-room is of the same dimensions as the parlor. The dining-room is more than 300 feet in length, and seats 1,200 persons. These rooms and other parts of the hotel are illuminated with incandescent electric lights.

During the season, besides the nightly hops, there are several grand, fancy and masquerade balls, which add to the amusement of the guests.

SCENERY.

Nature, with measureless munificence, has contributed the most charming surroundings of scenery to the White Sulphur. Forest, vale and



SWIMMING POOL.

mountain are here in rare and unique combination, presenting at every turn new views of the picturesque, the beautiful, and the grand, sufficient for the gratification of every taste. Indeed, any attempt at mere art decoration here would seem lost folly, if not a desecration.

The first thing that is likely to attract the visitor, and especially from the heated and dusty city, is the vast lawn of green, velvety turf, shaded by noble forest oaks, luxuriant sugar maples and venerable pines. Under these monarchs of the forest wild flowers are seen in profusion and in great variety, from the tiny violet to the modest laurel and the gaudy rhododendron. Next the eye wanders through the curving walks and drives, intermingling, but all tending to the great centre of attraction, the Grand Old Fountain shaded by ancient oaks, and daily pouring from its exhaustless resources more than 40,000 gallons of healing waters.

About the "Old White," too, there is, in a particular sense, an immensity of sky and air. Here are no unwholesome vapors, no malaria; no noxious dews poison the early morn or shadowy twilights.

A striking feature in the scenery is the surrounding mountains. "Kate's," with its old family legend, is one mile to the south, and 3,500 feet above the sea; "Greenbrier," the same distance to the west, and of equal altitude. To the south-west, and three miles distant are the mountains known as "White Rock." On the summit of these mountains is discovered a striking resemblance to a human figure of gigantic size, which has been the wonder and admiration of all visitors, and which has been named the old "Titan," who in solitary grandeur keeps guard like a giant over the White Sulphur.

SOCIETY AND ITS AMUSEMENTS.

Next to the medical value of the water of the White Sulphur, and the invigorating climate of the place, the company that annually assembles there is most worthy of notice.

The prestige of the White Sulphur for all that is elegant and refined in society is coeval with its early history. For many years it has been the great central point of reunion for the best Society of the North, South, East and West, that here mingle together under circumstances well calculated to promote social intercourse and to call out the kindest feelings of our nature.

The amusements are various in kind and degree. No sketch can give more than a faint shadowing of the pleasures of a visit to the Springs. The freedom from care, the relaxation

from bonds which have fettered us to the treadmill of business; the pure mountain air—every breath of which swells the veins and makes the blood tingle with delight; the wild mountain scenery; the amenities of social intercourse, relieved largely of those necessary but vexatious rules of etiquette which hem in fashionable life at home—all these combine to render a visit to the White Sulphur an epoch in the life, to be looked forward to and back upon with pleasurable emotions.

The respectful observance of the Sabbath-day at these Springs is worthy of mention. Quiet pervades the grounds, while the houses of worship in or near the place are thronged with attentive hearers.

ANALYSIS OF THE WATER.

From the report of Professor Hayes, of Boston, one gallon contains 19,100 cubic inches of gas, having the proportion of:

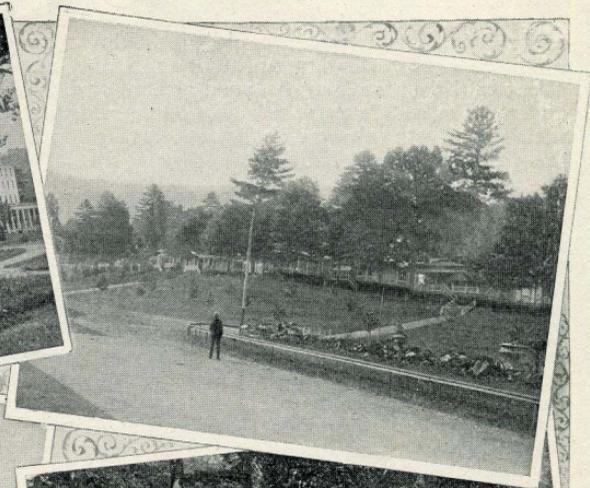
Nitrogen Gas,	4.680
Oxygen Gas,	.498
Carbonic Gas,	11.290
Hydro-Sulph. Acid,	.271
Fifty thousand grains of this water contain 115,100 grains of saline matter, consisting of:	
Sulphate of Lime,	67.168
Sulphate of Magnesia,	30.364
Chloride of Magnesium,	.859
Carbonate of Lime,	6.060
Organic Matter (dried at 212°),	3.740
Carbonic Acid,	4.584
Silicates (Silica 1.34, Potash .18, Soda .66, Magnesia, and a trace of Oxide of Iron),	2.960

THERAPEUTICAL EFFECT OF THE WATER.

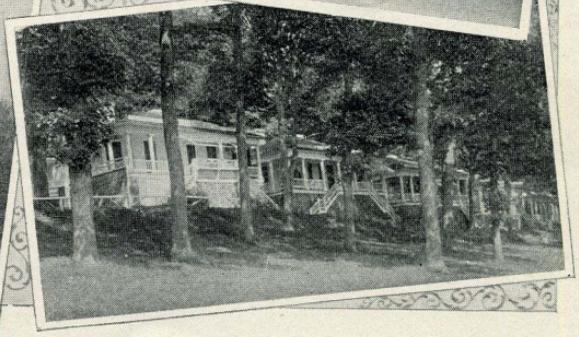
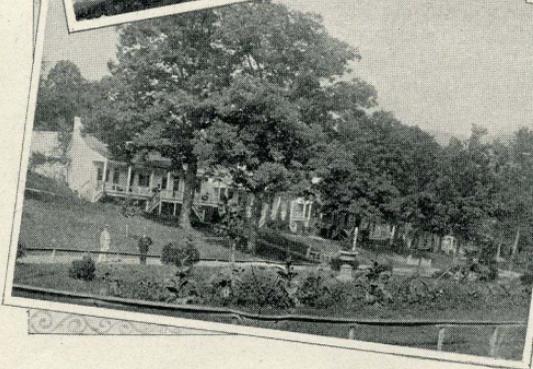
The White Sulphur Water acts on the kidneys, bowels, liver and skin. As a diuretic, its effects are very soon apparent, but it usually requires some days before it produces a decided action on the bowels. Its operation on the liver, too, may not be manifest for some time,



GRAND HOTEL.
GEORGIA ROW.



FLORIDA ROW.
SOUTH CAROLINA ROW.



and where there is much torpidity of this organ some auxiliary means is required. Its effect upon the skin is very apparent, though not immediate. But the most decidedly controlling effect of the water over diseased action, and that which more than any other gives its highest and most valuable character as a remedy, is its alterative power, or that peculiar action by which it effects salutary changes or alteration in the blood, in the various secretions and upon the various tissues of the body.

DRINKING THE WATER.

No general directions can be given for the internal use of the water. The hours, the quantity, and the period for which the water should be drunk depend upon the individual requirements of the case, and should be ascertained by consulting a physician experienced in the use of the waters.

The action of the water is more intense if taken fresh from the Spring; it is more stimulating, more readily absorbed, and produces its effect more promptly on certain organs than the water which has stood some time after being taken from the Spring; but in some cases the use of the latter is to be preferred, and is thus frequently prescribed.

Observance of prudence and moderation in both eating and drinking is essential to obtain the greatest benefit from the water, and occasionally its action has to be either modified or increased by the use of medicine.

BATHS AT THE WHITE SULPHUR.

The water used for bathing at the White Sulphur flows from the Sulphur Springs from which the visitors drink. The analysis of this water shows it to contain about one hundred and fifty grains of active medicinal salts to the gallon, and so far as the medication of the waters can favorably affect the bath for which they are used, the White Sulphur baths have the strongest claim to confidence, inasmuch as no other waters in America that are used for bathing are more highly impregnated with mineral salts.

These baths in connection with the drinking of the Sulphur waters, although not required in every case, are a matter of the utmost importance in a large number of cases in aiding to produce the best effect of the waters.

The proprietors of the Springs have recently greatly enlarged and so remodelled their

bathing establishment as to make it in every respect satisfactory, it is believed, to those who may desire to avail themselves of its use.

The bathing rooms are spacious, airy and comfortable, and have just been supplied with new porcelain-lined tubs. In addition to the usual tub baths, there are douche baths for the application of streams of hot or warm water to local parts of the body, and rooms have been set apart and arranged for receiving sweating baths.

Persons intending to bathe in hot sulphur water should, previously to doing so, be intelligently instructed under a proper knowledge of their case, as such baths to be used safely and efficaciously, must be used with careful reference to their temperature, the state of the system when employed, and the length of time the bathers remain in them.

DISEASES TO WHICH THE WATER IS APPLICABLE.

The White Sulphur Springs water by long experience has been found eminently beneficial in all diseases due to abnormal conditions of the blood, or to derangement of the stomach, bowels, liver, kidneys, bladder, skin, or nervous system.

It is a specific in dyspepsia, chronic diarrhoea, costiveness, jaundice, and torpidity of the liver.

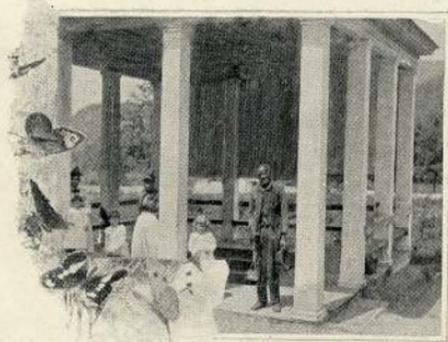
It is of great value in nervous affections, such as congestion of the brain, paralysis, neuralgia, and sciatica.

It often affects cures in cases of hay fever, chronic nasal catarrh, asthma, and bronchitis, and when the hot sulphur baths are used in connection with the drinking water malaria, gout, and all forms of rheumatism are eradicated from the system.

The water has also been proved highly efficacious in many diseases incident to females, and a valuable adjunct to the treatment of inebriates and opium eaters.

CHALYBEATE SPRINGS.

About forty rods from the White Sulphur Springs is a



CHALYBEATE SPRING.

Chalybeate Spring, in which the iron exists in the form of carbonate of iron, the mildest, least offensive, and ordinarily the most valuable form in which ferruginous waters are found. For the last twenty years this water has been considerably used by the class of visitors whose diseases require an iron tonic, and its effects have realized the rational hopes that were indulged in it.

RESIDENT PHYSICIAN.

Dr. Stuart McGuire, Professor of the Principles of Surgery in the University College of Medicine, Richmond, Va., has been appointed Resident Physician to the Spring. He was formerly Resident Physician of the Warm Sulphur Springs of Virginia, and an experience of three years with sulphur waters has rendered him familiar with both their internal and external use.

SEASON 1895.

The White Sulphur Springs Hotel and Cottages,

GREENBRIER COUNTY, W. VIRGINIA,

Will Open June 15, and Close September 15.

A First-class Band will be present to enliven the Lawn and Ball-Room. Telegraph Office in the Hotel. Well kept Livery for the accommodation of visitors. Private Teams kept at reasonable rates.

TERMS.

Per Day,	\$ 3.50
One Week,	21.00
Four Weeks,	75.00

Children over two and under ten years, and Colored Servants, Half Rate. White Servants according to accommodations required.

A well-organized Steam Laundry, where all washing for guests will be neatly done at low rates.

EUBANK & GLOVER, Proprietors.



SOUTH PULP CO. N.Y.

MAIN DINING ROOM.

ROUTES TO THE GREENBRIER WHITE SULPHUR SPRINGS.

From the East.—The famous F. F. V. Limited, via Pennsylvania R.R. and Chesapeake & Ohio Route, leaves New York 5.00 P. M., Philadelphia 7.40 P. M., Baltimore 9.55 P. M., Washington 11.10 P. M. daily, and arrives at White Sulphur early next morning.

The Pennsylvania R. R. train leaving New York 8.00 A. M., Philadelphia 10.20 A. M. and Baltimore 12.40 P. M., week days, connects with the Cincinnati and St. Louis Special, leaving Washington daily 2.25 P. M., arriving White Sulphur the same evening.

From Old Point Comfort, Norfolk and Newport News, where connection is made with the Merchants' & Miners', Old Dominion, Bay Line and Norfolk & Washington Steamers—trains leave morning and evening via Chesapeake & Ohio Railway, the only line to the Springs.

From the South.—Chesapeake & Ohio trains connect at Richmond with the Atlantic Coast Line, at Charlottesville and Lynchburg with the Southern Railway, at Basic City with the Norfolk & Western, at Cincinnati and Lexington (Ky.) with the Queen and Crescent Route, at Louisville with the Louisville & Nashville, and run through to White Sulphur without change.

From the West.—The famous F. F. V. Limited leaves Cincinnati at noon, and arrives White Sulphur same evening. The Washington Express leaves Cincinnati at night and reaches White Sulphur next morning, with through sleeper from St. Louis. Connections are made at Cincinnati with trains from all points.

Pullman Sleepers and Dining Cars on all trains.

Round Trip Tourist Tickets to the Springs will be on sale during the summer. For tickets, baggage checks, sleeping car reservations, etc., apply at Pennsylvania R. R. ticket offices in New York, Philadelphia and Baltimore, the principal ticket offices throughout the country, or any of the following C. & O. agencies:

New York: 379 and 1323 Broadway.

Philadelphia and Baltimore: Offices Pennsylvania Railroad.

Washington: 513 and 1421 Pennsylvania Avenue.

Richmond: 809 East Main, and Ninth and Main Streets.

Cincinnati: Fifth and Walnut Streets.

Louisville: 253 Fourth Avenue.

St. Louis: Cor. Broadway and Chestnut Streets.

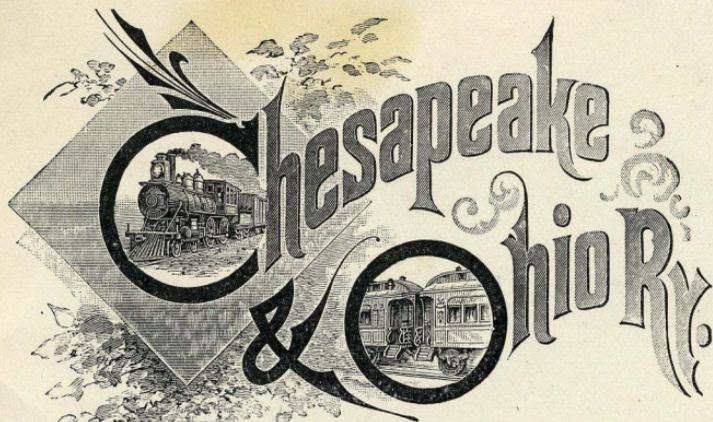
Chicago: 234 Clark Street.

H. W. FULLER, G. P. A., C. & O. Ry.

Washington, D. C.

C. B. RYAN, A. G. P. A., C. & O. Ry.,

Cincinnati, O.



BETWEEN
Chicago,
St. Louis,
Cincinnati,
Louisville,
Old Point Comfort,
Richmond,
Washington,
Baltimore,
Philadelphia,
New York
AND
WHITE SULPHUR SPRINGS.

Two Limited Trains

EACH WAY DAILY.

DIRECT CONNECTIONS

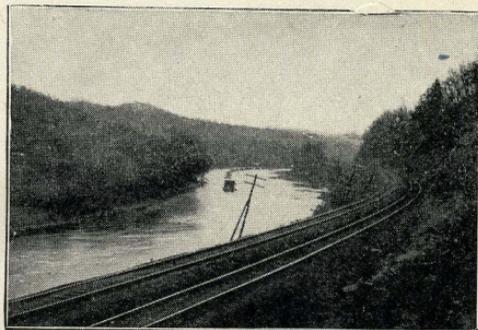
EAST, WEST AND SOUTH.

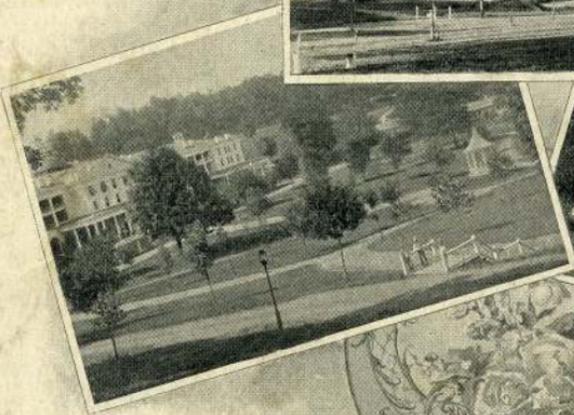
Pullman Sleepers without change between White Sulphur, New York, Philadelphia, Baltimore, Washington, Old Point Comfort, Richmond, Cincinnati, Louisville and St. Louis.

**VESTIBULED TRAINS,
ELECTRIC LIGHTS,**

DINING AND OBSERVATION CARS.

Excursion tickets to White Sulphur Springs, or via White Sulphur to Virginia Hot Springs, Old Point and other resorts along the line of the Chesapeake & Ohio Railway, will be on sale at the principal ticket offices throughout the country during the summer.





LAWN VIEW—LOOKING NORTH.

LAWN VIEW—LOOKING WEST.

ST. THOMAS CHURCH—ON GROUNDS.